



NORTHWEST OKLAHOMA
OSTEOPATHIC
FOUNDATION

2019 ANNUAL REPORT

NWDOS MEETINGS

The Foundation is proud to play a role in the North-west District Osteopathic Society.

As one of Oklahoma's most active districts, osteopathic physicians gather throughout the year for educational events, networking opportunities and sometimes just for fun. This year the society met to learn about suicide statistics and prevention. Cancer Treatment Center of Oklahoma shared information about some of their approaches to fighting the disease.

Dr. Steve Drinnon spoke about avoiding medication non-adherence and the society met with the Garfield County Medical Society for a joint program on Best Practices for Opioid Prescribing, co-presented by Mike Pontious, MD and Samantha Moery, DO.

The society also turned out to the ballpark for a special outing in the summer and a performance at Gaslight Theater in December



Samantha Moery, DO presents at the joint meeting of the NWDOS and the Garfield County Medical Society.



Dr. Gary Patzkowsky and daughter Kristin enjoy the NWDOS evening at the ballpark.

MEET OUR 2019 Scholarship Recipients

In 2019 the NW Oklahoma Osteopathic Foundation awarded six, \$1000 scholarships to graduating high school seniors in NW Oklahoma who have expressed a desire for a career in medicine and demonstrated leadership, commitment, and a love of community during their time in high school. It's our goal, by developing relationships with these students, to have a positive impact on their professional development. Then perhaps, when it's time to begin their career, they might consider returning to NW Oklahoma.

The 2019 scholarship recipients, each receiving \$1000 are:

Landry Gaddy
Alva High School

Jillian Bouse
Woodward

Chloe Hendrich
Turpin High School

Briley Yunker
Chisholm High School

Daniel Cho
Enid High

Traber Smithson
OBA



Landry Gaddy



Jillian Bouse



Chloe Hendrich



Briley Yunker



Daniel Cho



Traber Smithson

Website Social Media

2019 saw more activity on the Foundation's website and FB page.

In addition to information about our programs and events, we shared some educational information with the public as well. Here's a sampling of some of the articles published. All of these articles can be found on the Foundation's website.

Dr. Renah Gibson shared information about Measles

Dr. Chad Owens gave an overview of effective pain treatments

Is OMT a Lost Art ?

Dr. Charles Jantzen and Dr. Jeff Jones weighed in

Dr. Jonathan Bushman gave details on his new approach to medicine

Springtime Allergies can be a nuisance. Dr. Samantha Moery explained.

Dr. Chris Lee gave advice for getting the most out of your Dr. Appointment

Dr. Jon Mills explained how nutrition plays such an important role in your health.

We also told the story of Enid's First Osteopath. You can read that story in this report.

www.nwoof.org

Uncovering History: Enid's First Osteopath

Thanks to an old photograph of the corner of Main and Independence, we discovered Dr. Neva Triplett, believed to be Enid's first osteopath. Riley Janzen shared this photo and inspired us to investigate. Riley, and his wife Stella, own The Felt Bird, located where Dr. Triplett's office used to stand. Dr. Triplett's family owned the building until 1980 when Neva's son bequeathed the property to his daughter.

Neva True Smiley was born in 1871 in Memphis, Missouri. Growing up in Missouri and in close proximity (39 miles) to the birth of osteopathic medicine (Kirksville, MO), it's not surprising that young Neva would be interested in learning about this new form of "healing." While many professional careers were closed off to women in the late 1800s, osteopathic medicine welcomed women from day one and accepted them as equals alongside men. In fact, the first class to graduate from the American School of Osteopathy in 1892 included six women.

Neva married Orin Triplett in 1895 and they had a son in 1897. Just months after giving birth, she enrolled in the American School of Osteopathy in Kirksville, and studied under A.T. Still - the father of osteopathic medicine. Neva graduated in 1899.

By 1900, Dr. Triplett, husband Orin and baby Richard had moved to Enid - reasons unknown - and continued her work as an osteopath on Enid's downtown square. There is some indication that her husband remained unemployed throughout most of their marriage, perhaps taking care of their young son.

Early Enid city directories list various office locations for Dr. Triplett, through the years including 124 S. Independence (next door to where the NW Oklahoma Osteopathic Foundation's office is today) 1107 Monroe and 219 Broadway. The couple lived at 1505 W. Maine for a period of time and then 601 W. Maine where they raised their son, Richard Lee Triplett.

It appears obvious that the young physician was passionate about her work. She helped organize the Oklahoma Osteopathic Association (founded in 1902). She served in several leadership positions including a term as the



organization's president in 1904. She was also instrumental in bringing the Southwest Osteopathic Conference to Enid in 1914. The conference included presentations by osteopathic physicians from Colorado, Texas, Kansas, Illinois and Missouri. Dr. Triplett and her Enid colleagues offered a "Better Babies" program in 1917 examining 50 babies and providing their parents educational information about the benefits of osteopathic treatments.

Numerous news stories from the early 1900s and articles from osteopathic publications detail some of her work with patients. She of-



ten made house calls and travelled to Waukomis and Blackwell. One article, published in a Blackwell, OK, newspaper in 1918, claimed she helped cure a young Phillips University student who had gone blind and deaf. The cure included a series of manipulative treatments. Sadly, Dr. Triplett died young. She took her own life, by throwing herself in front of a moving train, in Enid, in 1920. She was 48 years old. An Enid newspaper described her as Enid's pioneer osteopath who "has been a help to the poor. She has given every effort for the uplift of humanity." The NW Oklahoma Osteopathic Foundation has plans to document more of Enid's osteopathic history, so stay tuned and follow us on facebook for updates.

CHARITY BALL

The 22nd annual Enid Charity Ball did not disappoint.

The Foundation's only fundraiser, the event benefited the Enid Community Clinic and efforts to reestablish a family medicine residency program. The Charity Ball raised more than \$60,000 in 2019.

The date for 2020 has been set for August 22nd at Oakwood Country Club.

Visit www.enidcharityball.com for more information about how you can be a part of the fun.



NOOF BRINGS OPERATION ORANGE TO ENID



The NOOF partners with Oklahoma State University to bring Operation Orange to Enid each summer.

Enid's 2019 Operation Orange was a success! 60+ students participated in OSU's

summer medical camp held at the NWOSU Enid Campus. Students were able to participate in "hands on" activities and simulations including: suturing, laparoscopic procedures, osteopathic manipula-

tive medicine, intubation, chest compressions, and so forth.

If you'd like to be on hand to welcome these students at this year's event (June 8, 2020) Call the Foundation office at 590-234-6071.

COMMUNITY GRANTS

2019

This past June, the Foundation presented grants to the following organizations:



CDSA - \$5,000 Newborn Safe Sleep Kits

While great work has been done to reduce infant mortality in Garfield County, the rate is still higher than the national average. This grant will help fund Newborn Safe Sleep Kits printed in English, Spanish, and Marshallese. These kits will be given to new mothers before they leave the hospital.

Loaves and Fishes - \$5,000 Nutritional Supplements

Loaves and Fishes became aware of the fact that both hospitals had noted that the majority of readmissions, for patients with COPD, was tied to a secondary diagnosis of malnutrition. The organization immediately wanted to help. This grant will allow Loaves and Fishes to have nutritional supplements available to those in need.

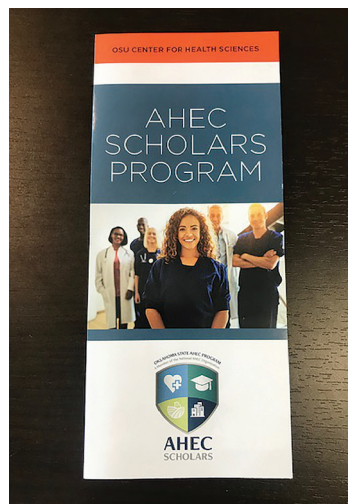
Denny Price Family YMCA - \$5,000 Healthy Weight And Your Child

This evidence-based program is being used in Y's throughout the United States. The 25-session program engages the child and a parent or guardian so that, together, they can understand how the home environment and other factors influence healthy choices. The program is based on Mind, Exercise, Nutrition...Do It (MEND)



INTEGRIS Foundation - \$5,000 CANServe Program

This program is designed to meet the dietary needs of cancer patients during the first week of treatment by providing a free meal, each day, for five days. The meals are perfectly portioned, hot and healthy, and are nutrient appropriate.



Rural Health Projects -\$10,000 AHEC Scholars Program

The grant will help support osteopathic medical students enrolled in the AHEC Scholars Program. The program helps train, recruit, and retain health

professionals to our area through additional curriculum and connections to our community.

Additional Community Grants were given in November (to meet the Foundation's annual distribution requirement) to the following:

Oklahoma Blood Institute - \$50,000 Building Campaign

The Northwest Oklahoma Osteopathic Foundation helped kick off the NW Oklahoma Blood Institute's capital campaign by presenting them with a gift of \$50,000. The first phase of the project will feature new construction and provide a covered area for loading and unloading. Phase 2 will remodel existing space.

Oklahoma Osteopathic Association - \$5,000 Podcast Series

The Oklahoma Osteopathic Association will soon be launching a podcast series. Programs will be a mix of many topics, such as interesting medical stories, physician highlights, legislative updates, etc. The series is designed to engage younger physicians

and provide valuable content to all OOA members. The podcast will launch this Spring. Fun fact: Enid's very own Lynn Phillips, DO will be the voice of the program.



INTEGRIS Bass Baptist Health Center \$10,000 Baxter Care Fund

This program helps patients, that qualify, get the medication and some of the equipment they need. The fund is named after longtime administrator Gene Baxter.

In total the Foundation presented more than \$95,000 in funding.

Grant requests are due March 1st. The submissions are then reviewed by committee and funds are awarded in June. For more information, go to www.nwoof.org.

INVESTMENT SUMMARY

Northwest Oklahoma Osteopathic Foundation – Investment Portfolio

2011 – 2019	Portfolio	Change in Value
November 2011	3,107,790	(382,497)
November 2012	3,455,829	348,039
November 2013	4,070,396	614,567
November 2014	4,117,417	47,021
November 2015	4,002,780	(114,637)
November 2016	3,924,803	(77,977)
November 2017	4,383,737	458,934
November 2018	4,184,459	(199,278)
November 2019	4,291,227	106,768
<u>Current Year</u>		
January 2019	4,085,961	190,164
February 2019	4,205,609	119,648
March 2019	4,209,338	3,729
April 2019	4,303,265	93,927
May 2019	4,098,521	(204,745)
June 2019	4,269,254	170,733
July 2019	4,327,657	58,403
August 2019	4,181,476	(146,181)
September 2019	4,245,068	63,592
October 2019	4,306,337	61,269
November 2019	4,291,227	(15,110)
December 2019	4,403,075	111,848

Northwest Oklahoma Osteopathic Foundation

2020 Board of Directors

Terms Expiring in Feb 2023 - Pending approval at the Feb 18th meeting

Chris Shearer, DO - 2nd Term

Samantha Moery, DO - 2nd Term

Jon Mills, DO - 1st Term

Todd Earl

Andrea McEachern, DO - Advisory

Richard Hromas, MD – Advisory

Terms Expiring in Feb 2022

Edna Mae Holden

Cathy Stocker

Chad Owens, DO - 3rd Term

Gary Patzkowsky, DO - 3rd Term

Jeff Jones, DO - 2nd Term

Terms Expiring in Feb 2021

Jonathan Bushman, DO - 2nd Term

Foundation Officers

President - Jonathan Bushman, DO

Vice President - Gary Patzkowsky, DO

Secretary/Treas. - Chad Owens, DO

Northwest Oklahoma Osteopathic Foundation

Presidential History

1976 – 1978	Jim Smith
1979 – 1982	James Parrish
1983	Al Badzinski
1984	Jim Smith
1985	Jim Smith
1986	Jim Smith
1987	Jim Smith
1988	James Parrish
1989	James Parrish
1990	James Parrish
1991	Henry Harnish, DO
1992	Henry Harnish, DO
1993	Ralph Coffman, DO
1994	Ralph Coffman, DO
1995	Stu Meulpolder
1996	Stu Meulpolder
1997	Sam Price, DO
1998	Sam Price, DO
1999	C.M. Ogle, DO
2000	C.M. Ogle, DO
2001	Garrett Rank, DO
2002 - 2007	Edna Mae Holden
2008	Larry Roye
2009	Larry Roye
2010	Chris Shearer, DO
2011	Chris Shearer, DO
2012	Jeffrey R. Jones, DO
2013	Jeffrey R. Jones, DO
2014	John Goulart, DO
2015	John Goulart, DO
2016	Todd Earl
2017	Todd Earl
2018	Todd Earl
2019	Jonathan Bushman, DO
2020	Jonathan Bushman, DO