

2020 SCHOLARSHIP RECIPIENTS

THE NORTHWEST OKLAHOMA OSTEOPATHIC FOUNDATION recently awarded \$14,000 to graduating high school seniors interested in a career as a physician.

THE FOLLOWING STUDENTS WERE AWARDED \$1,000.00 EACH:

Jared Cox-Canton High School; Josue Espinal-Enid High; Kylie Landrigan-Enid High; Caleb Laverty-Shattuck; Raedyn Magness-Shattuck; Tayla Mahaffey-Balko; Alexis McNeill-Waukomis; Catelyn Oblander-Woodward; Ashlyn Orr-Oklahoma Bible Academy; Parker Pruett -Woodward: Zoe Routh-Woodward; Hagan Sprouse-Shattuck; Courtney Thompson-Canton; and Hannah Wall-Chisholm High School.







Ashlyn Orr



Courtney Thompson



Josue Espinal



Tayla Mahaffey



Parker Pruett



Hannah Wall





Alexis McNeill



Caleb Laverty



Catelyn Oblander



Zoe Routh



Hagan Sprouse



REMEMBERING **HISTORY**

Financed by osteopathic physicians and community partners, the hospital's first location was constructed at a cost of around \$300,000. It was located where the Enid Police Dept sits today.

According to news articles, the non-profit, osteopathic hospital had 35 beds and employed

25 people when it opened in March of 1956.

Members of the original governing board included: Dr. A.W. Janzen, R.M. Skaggs, Senator Floyd Carrier, Earl Haynes, Dr. James B. Nay, Dr. John W. Dewitt, Dr. Frank Weir, Dr. Howard Norris and Dr. N.L. Hastings.



Thanks to the Cherokee Strip Regional Heritage Center for use of the photo.



YOU YOU?

The Oklahoma
Osteopathic
Association has
launched a new
podcast hosted by
Enid's very own
S. Lynn Phillips, DO.

"Osteopaths On Air" covers a variety of content related to the osteopathic profession.

The NOOF is a proud sponsor of this program.

You can find the OOA podcast on

Soundcloud here: https://soundcloud. com/okosteo



ENID CHARITY BALL PRESENTS CHECK TO

ENID COMMUNITY CLINIC

The Enid Charity Ball Committee presented a \$39,000 check to the Enid Community Clinic on Nov. 17th. The check represented the proceeds from the Enid Charity Ball fundraiser.

The popular event usually takes place in August but was cancelled this year due to public health concerns. In turn, the Enid Charity Ball committee turned to a mail-in fundraiser and the Northwest Oklahoma Osteopathic Foundation

offered to match all contributions up to \$25,000. \$19,500 was raised and matched.

"While the mail-in donations are impressive, I can't say I was totally surprised by the success of the campaign. Our Charity Ball patrons have historically been generous, ever since the event first took place in 1997. They believe in the mission of the community clinic and their support has been unwavering,"

said Kristy Skidmore, co-chair of the Enid Charity Ball. That being said I think we are all looking forward to having an in-personevent in 2021."

The annual gala and live auction will take place at Oakwood County Club on August 21, 2021.

Anita Luetkemeyer, Executive Director at the Foundation encourages those who are able to help support the event.

"Now, maybe more than ever in light of the pandemic, there is a need for people without insurance and without financial resources to have access to quality healthcare," she said.

I urge people to support the effort by attending the Charity Ball or making a financial gift to the clinic. People can also support the event by donating an item to be auctioned that evening."

The Enid Charity Ball Committee is comprised of Committee Chairs: Kristy Skidmore and Chelsea Bugg. Auction Chair: Ivy Epps. Committee Members: April Davis, Todd Earl, Ryan and Kristi Fossett, Brooke Jackson, Tiffany Lack, Anita Luetkemeyer, Jana Sawicki, and Mindy Shimanek

For more information about how you can be a part of Enid Charity Ball contact Luetkemeyer at anita.luetkemeyer@gmail.com or call 580-234-6071.

Enid Charity Ball Chair Kristy Skidmore (Center) presents a check to Enid Community Clinic volunteer Joyce Pitt (left) and Janet Cordell, RN, Clinic Manager.

NEW PHYSICIANS



Chris Hutchinson, DO
Family Medicine
St. Mary's Regional
Medical Center



Melanie Hutchinson, DO Family Medicine St. Mary's Regional Medical Center



Rebecca Lewis, DO Family Medicine St. Mary's Regional Medical Center



Andrea Partida, DO
OB/GYN
INTEGRIS Bass Baptist
Health Center



In 2020, the Northwest Oklahoma Osteopathic Foundation awarded community grants, totaling more than \$30,000.

THE YWCA'S SEXUAL ASSAULT NURSE EXAMINER (SANE) PROGRAM

The SANE program focuses on providing exams and support services for victims of sexual assault and rape.

The YWCA trains volunteer advocates to accompany the victim in their time of need. The YWCA can also supply clothing, medication and counseling to victims.

INTEGRIS BASS BAPTIST HEALTH CENTER

This grant helped remodel four rooms into small apartments for medical students to use while they are completing rotations.

Many students have reported that the rooms are some of the nicest accommodations they've seen while rotating.

DENNY PRICE YMCA

The grant will be used to help purchase playground equipment for the Child Watch Program.

4RKIDS

The grant will provide fidget kits to be carried on fire trucks and in police vehicles to ease the anxiety in individuals with autism, sensory needs and disabilities, who are in an emergency situation.

LOAVES AND FISHES

This grant was used to purchase an automatic

external defibrillator (AED) unit. The unit will provide an extra measure of safety for the clients, volunteers, and staff.

HOPE OUTREACH'S EARN AS YOU LEARN PROGRAM

Through this program, struggling parents can earn vouchers to spend at Hope Outreach's Baby Store by attending classes that equip them with good parenting skills.

Topics range pre-natal care through adolescent issues.

THE RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

The grant will support the RSVP Emergency Fund which helps seniors in crisis.

It might be as simple as providing blankets or groceries, or as complex as helping a senior find resources for long term care or searching out other assistance programs.

YOUTH AND FAMILY SERVICES

This grant will support a Physical Education Program for students who attend the Champions Program at Glenwood Elementary.

Champions is a program designed to help students who have extreme difficulty with schools due to mental health symptomology, trauma exposure or the inability for emotional regulation.

Website/Social Media

The Foundation continues to work on staying connected through our website www.nwoof.org and our social media presence. Here's an article that was posted on our website in March featuring hospitalists Dr. Sara Oldham, Dr. Best Chen and Dr. Kalli Reimer.

IN TODAY'S WORLD,

if you or a loved one experiences a hospital stay, you will likely be seen by a hospitalist instead of your family physician. While this practice is becoming more and more common, it might still raise questions and anxiety for some. We talked to three osteopathic physicians who are working as hospitalists in Enid: Dr. Best Chen at INTEGRIS Bass Baptist Health Center and Dr. Kalli Reimer and Dr. Sara Oldham both at St. Mary's Regional Medical Center.

Dr. Oldham explained that a hospitalist is a physician that only cares for patients that are admitted into the hospital. They do not have an out-patient clinic. These physicians are usually trained in either internal medicine or family practice.

This can be advantageous to the patient, Dr. Chen said. "One of the benefits of being treated by a hospitalist is that patients are seen by a specialized team that is experienced in acute inpatient medicine. Medicine is very focused and specialized now. Similar to seeing a cardiologist that specializes in the heart and is experienced with cardiac issues, a hospitalist is a specialty in itself. Hospitalists are comfortable and versed in acute conditions in the hospital."

The hospitalist's presence in the hospital also makes it convenient to follow up on tests and procedures and they can field questions from family, nurses and lab technicians in a timely manner.

According to the Society of Hospital Medicine there are more than 62,000 hospitalists across the United States, and hospital medicine is one of the fastest growing medical specialties. The Society also states that hospitalists now lead clinical care in over 75% of U.S. hospitals, caring for patients in their communities.

However, a patient who has never been seen by a hospitalist, might have questions such as How will the hospitalist know my history? What role does my primary care physician play?

"When admitted to the hospital we take a detailed history and physical of all our patients." Dr. Oldham said. "This includes asking about the event that brought you into the hospital as well as asking about your past medical history, past surgical history, family and social history as well as allergies and medications."

Dr. Reimer acknowledged that these kinds of questions are not uncommon but patients can be assured that communication is an important aspect of care and a hospitalist can request records from the patient's physician to aid in decision making in their care.

Likewise, the primary care physician receives information from the hospitalist.

Dr. Chen explained that the primary care physician (PCP) has access to a hospital summary including history and physical examination (H&P), progress notes, and discharge summaries after the patient leaves the hospital.

"We also communicate with the PCP office to update them if any appointments will be missed. From my experience PCP offices are very understanding in missed appointments due to hospital admission."

The discharge summary that Dr. Chen mentions contains valuable information for the patient's regular physician. Dr. Reimer described the process.

"On a patient's last hospitalization day, the hospitalist creates a discharge summary outlining the entire hospital course including presenting symptoms, laboratory testing and imaging, diagnosis, and treatment including specific medications administered and changes to home medications. If a patient saw a specialist or received a procedure, this would be included in the discharge summary also."

When asked what was the most rewarding aspect of being a hospitalist, the physicians unanimously responded that they enjoyed playing a key role in the patient's recovery. It is rewarding to see a patient come in sick and able to walk out and rewarding to see that you are able to make a dramatic difference in a short time.

– Dr. Chen

I value the time spent with patients and their families in navigating serious health issues to improvement. The best part of what I do is seeing someone recover from illness and having been a part of that process. – Dr. Reimer

There is so much I enjoy about this job. I think one of the most rewarding parts is seeing patients improve quickly. Knowing that they come in sick but



Dr. Sara Oldham



Dr. Best Chen



Dr. Kalli Reimer

are able to leave healthy makes me feel good about the care I can give. - Dr. Oldham

INVESTMENT SUMMARY Northwest Oklahoma Osteopathic Foundation – Investment Portfolio

<u>2012 - 2020</u>	<u>Portfolio</u>	<u>Change in Value</u>
November 2012	3,455,829	348,039
November 2013	4,070,396	614,567
November 2014	4,117,417	47,021
November 2015	4,002,780	(114,637)
November 2016	3,924,803	(77,977)
November 2017	4,383,737	458,934
November 2018	4,184,459	(199,278)
November 2019	4,291,227	106,768
November 2020	4,505,699	214,472
Current Year		
December 2019	4,403,075	111,848
January 2020	4,314,416	(88,659)
February 2020	4,043,960	(270,456)
March 2020	3,475,505	(568,455)
April 2020	3,680,709	205,204
May 2020	3,944,285	263,576
June 2020	3,908,985	(35,300)
July 2020	4,128,677	219,692
August 2020	4,286,314	157,637
September 2020	4,114,198	(172,116)
October 2020	4,128,083	13,885
November 2020	4,505,699	377,616
December 2020	4,628,201	122,502







In conjunction with the Day of Kindness November 13th, the Northwest Oklahoma Osteopathic Foundation donated \$32,000 in grants to area organizations who are assisting families and individuals in need, due to the





recent pandemic.

The following organizations received \$4000 each:

CDSA, YWCA, Loaves and Fishes, Youth and Family Services, Hope Outreach, Forgotten Ministries, Our Daily Bread, and the Salvation Army.

"We find ourselves in unprecedented times and wanted to specifically target the problems being raised by Covid-19,"

said Anita Luetkemeyer, Executive Director at the NOOF.

"By supporting these organizations, in their work, we can help tackle issues like food insecurity, homelessness, domestic violence and emergency assistance."

Northwest Oklahoma Osteopathic Foundation 2021 Board of Directors

Terms Expiring in Feb 2024

Pending Approval at Feb 23rd Meeting 3rd term - Jonathan Bushman, DO

Terms Expiring in Feb 2023

2st term - Chris Shearer, DO
2st term - Samantha Moery, DO
1st term - Jon Mills, DO
Todd Earl
Andrea McEachern, DO - Advisory
Richard Hromas, MD - Advisory

Terms Expiring in Feb 2022

Edna Mae Holden Cathy Stocker 3rd term - Chad Owens, DO 3rd term - Gary Patzkowsky, DO 2nd term - Jeff Jones, DO

Foundation Officers

President Gary Patzkowsky, DO Vice President Cathy Stocker Secretary/Treas. Jon Mills, DO

NWDOS Officers

President Samantha Moery, DO
President-elect Gary Cole, DO
Vice Pres Chris Lee, DO
Sec Treas Kalli Reimer, DO
Immediate Past Pres Jon Mills, DO